

IN SALVATION AND SPIRIT



Eph 6:17, ESV – ¹⁷ and take the helmet of salvation, and the sword of the Spirit, which is the word of God,

Notes:

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SERMON-BASED STUDY

For the week of May 26, 2019

Eph 6:17

QUICK REVIEW

Looking back at your notes from this week's teaching, was there anything you heard for the first time or that caught your attention, challenged, or confused you?

ENGAGE WITH THE MESSAGE

- 1 This weekend we were reminded to fill our minds with the assurance of our salvation. How can we fill our minds with this assurance?
- 2 When do you find it most difficult to be assured of your salvation? What can you do in those times to combat this type of thinking?
- 3 Likewise, we were reminded to arm ourselves with the Word of God. How do we arm ourselves with the Word of God?
- 4 How often do you spend time in the Word? How often do you meditate on the Word and memorize the Word? If you need to improve in these areas, what action steps are you going to take?

DIGGING DEEPER

A *Is 59:17, ESV – ¹⁷ He put on righteousness as a breastplate, and a helmet of salvation on his head; he put on garments of vengeance for clothing, and wrapped himself in zeal as a cloak.*

Ps 140:7, ESV – ⁷ O LORD, my Lord, the strength of my salvation, you have covered my head in the day of battle.

1 Thess 5:8-11, ESV – ⁸ But since we belong to the day, let us be sober, having put on the breastplate of faith and love, and for a helmet the hope of salvation. ⁹ For God has not destined us for wrath, but to obtain salvation through our Lord Jesus Christ, ¹⁰ who died for us so that whether we are awake or asleep we might live with him. ¹¹ Therefore encourage one another and build one another up, just as you are doing.

5 Looking at the passages above, how does salvation fortify believers for battle?

6 Why do our thoughts have more influence on us than our circumstances or our relationships? What role does this play in spiritual warfare?

7 What changes need to happen within our minds to walk confidently in the knowledge of present deliverance and salvation?

B **Heb 4:11-13, ESV** – ¹¹ Let us therefore strive to enter that rest, so that no one may fall by the same sort of disobedience. ¹² For the word of God is living and active, sharper than any two-edged sword, piercing to the division of soul and of spirit, of joints and of marrow, and discerning the thoughts and intentions of the heart. ¹³ And no creature is hidden from his sight, but all are naked and exposed to the eyes of him to whom we must give account.

Matt 4:1-11, ESV – Then Jesus was led up by the Spirit into the wilderness to be tempted by the devil. ² And after fasting forty days and forty nights, he was hungry. ³ And the tempter came and said to him, “If you are the Son of God, command these stones to become loaves of bread.” ⁴ But he answered, “It is written, “ ‘Man shall not live by bread alone, but by every word that comes from the mouth of God.’ ” ⁵ Then the devil took him to the holy city and set him on the pinnacle of the temple ⁶ and said to him, “If you are the Son of God, throw yourself down, for it is written, “ ‘He will command his angels concerning you,’ and “ ‘On their hands they will bear you up, lest you strike your foot against a stone.’ ” ⁷ Jesus said to him, “Again it is written, ‘You shall not put the Lord your God to the test.’ ” ⁸ Again, the devil took him to a very high mountain and showed him all the kingdoms of the world and their glory. ⁹ And he said to him, “All these I will give you, if you will fall down and worship me.” ¹⁰ Then Jesus said to him, “Be gone, Satan! For it is written, “ ‘You shall worship the Lord your God and him only shall you serve.’ ” ¹¹ Then the devil left him, and behold, angels came and were ministering to him.

8 Looking at the passages above, describe the offensive and defensive nature of the Word of God?

9 Can you identify any patterns that undermine your faith and confidence in God’s ability to deliver? What verses can you use to counter them?

Our grasp of the Word of God is more important than the amount of food and sleep you get. Practically, does your life reflect that truth? Explain.

TAKING IT HOME

What game plan do you need to put into practice in order to fill your mind with the truth? What steps can you take to sharpen your skills with your sword? Share what God is teaching you with an accountability partner and pray together.

PRAISES AND PRAYER REQUEST

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FOR FURTHER STUDY

Psalm 119:11

Isaiah 49:2

Romans 12:2

John 14:17

2 Cor 4:13

1 Thess 2:13

1 Peter 1:23